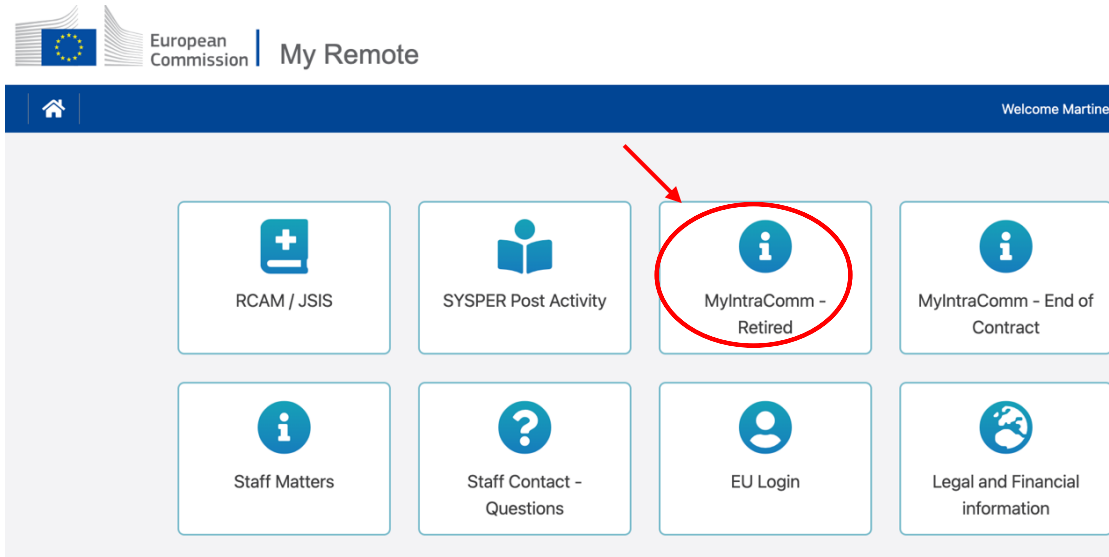
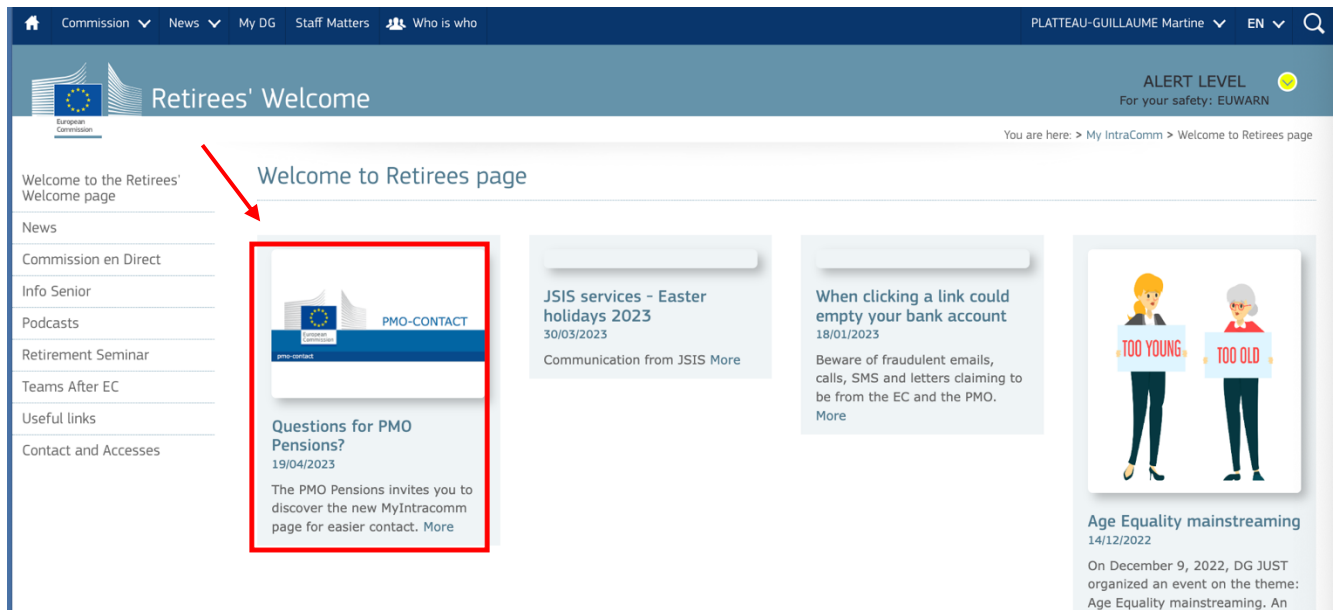


## NEW PAGE : STAFF MATTERS « PENSIONS »

Starting from the menu « MyRemote » <https://myremote.ec.europa.eu> click on the option « MyIntraComm – Retired »; this will take you to the « MyIntraComm » portal dedicated to pensioners.



In the « News » of the welcome page there is a link to the **new page of PMO Pensions**



With a simple click you land on the “Staff Matters” page, where you can find various topics of interest to pensioners:

Commission News My DG Staff Matters Who is who PLATTEAU-GUILLAUME Martine EN

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## Staff Matters

You are here: > My IntraComm > Staff Matters > Working conditions > End of service > Retirement > You are a pensioner and you have a question

Help

Staff Contact

Contact us

### You are a pensioner and you have a question

**The payment of your pension and the payment slips:**

- You can access your pension slips through Sysper Post Activity (click on 'Pension slips' on the right-hand side of this page)
- We provide [explanations about the topics on your pay slip](#)
- The pension is paid at the end of the month
- If you have not been paid, click on 'Contact us' (on the right-hand side of this page)

**Life declaration:**

- Every two years (and every year from the age of 80) the PMO asks you for a life declaration. This document is very important because it allows the PMO to justify the payment of your pension. This payment can be suspended if you don't follow up on our requests for life declarations.
- In the declaration part, you must check and confirm all your personal data, and correct it if there is any change in your situation.
- The certificate part should be filled in by a doctor or a legal authority.
- We provide a [guide](#) and a [tutorial on how to introduce a life declaration](#).

**Changes in personal data (address, email, bank account):**

- You can introduce a request for change of bank account through the [Fillip application](#).
- You can change your address, telephone or contact person through Sysper Post Activity (click on 'Personal data' on the right-hand side of this page)

**Certificates:**

- You can generate a number of certificates (tax certificates, administrative certificates, depend children, European School) through Sysper Post Activity (click 'Certificates' on the right-hand side of this page).
- Click on 'Contact us' (on the right-hand side of this page) if you need a specific certificate which is not available in Sysper.

**Other questions for PMO Pensions:**

- You will find an answer to most of your other questions by navigating through [Staff Matters](#), or by searching by key words (e.g. removal, family allowances, transfers, ...)

Commission News My DG Local Intranets Work Resources Staff Matters Top Tools Who is who EN

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Click on 'Contact us' (on the right-hand side of this page) if you didn't find an answer to your question.

If you do not find answer to your question on this page, do not hesitate to click on “**Staff Contact – Contact us**” at the top right of the page. You can then easily fill in a Staff Contact form and click on “**Submit**”. It is an easy and efficient way of obtaining the required information.